

# Blaine Elementary School PE Program Report

A WA State Health/Fitness Standards Based Program

Mr. Dan Persse - Physical Education Teacher - A NASPE STARS Program

**Student: John Smith**

Classroom Teacher: Ms. Johnson

[www.blaine.k12.wa.us/bes/bespe/](http://www.blaine.k12.wa.us/bes/bespe/)

## Key to Symbols

4 = Exceeding Standard

3 = Meeting Standard

2 = Below Standard - Occasionally

1 = Below Standard

NA = Not Assessed (absent/injury)

### EALR 1.0 - Component 1.1- Develops motor skills and movement concepts as developmentally appropriate.

	Tri 1	Tri 2	Tri 3
Demonstrates motor skill combinations in a variety of increasingly complex movement activities. (Tennis Unit - Tri 1)	<input type="checkbox"/>		
Demonstrates a variety of balance and control skills in increasingly complex movement activities.(Traverse Rock Wall - Tri 2)		<input type="checkbox"/>	
Demonstrates manipulative skills with stationary targets, and while moving/traveling (Juggling/Jump Roping/Cup-stacking Unit - Tri 3)		<input type="checkbox"/>	
Demonstrates manipulative skills while moving/traveling.(Volleyball Unit - Tri 3) -			<input type="checkbox"/>
Applies movement concepts to basic game strategies of offense and defense (Womba-ball Unit - Tri 3)			<input type="checkbox"/>

### Analyzes safety rules and procedures in a variety of physical activities necessary to maintain a safe-learning environment:

Component 1.2.1: Applies safety rules and procedures in a variety of physical activities necessary to maintain a safe-learning environment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Component 1.2.2 Applies social skills necessary for effective participation in physical activities.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### EALR 1.0 - Component 1.3 - Understands the components of health-related physical fitness, and interprets information from feedback, evaluation, and self-assessment in order to improve performance: Student demonstrates IMPROVEMENT on their OWN Fitness Test score over a 5-6 week period of effort and participation in and outside of PE

Shuttle Run (Tri1)  Curl-ups (Tri 2)  Sit and Reach (Tri 3)  Push-ups (Tri 3)  1/2-mile Run/jog (Tri 3)

### Body Mass Index Assessment (See attached sheet for further information)

Body Mass Index score: FALL  LATE SPRING  Also, see FitnessGram Spring Report