

Blaine Elementary School PE Program Report

A WA State Health/Fitness Standards Based Program
Mr. Dan Persse - Physical Education Teacher - A NASPE STARS Program

Student: Ryan Johnson

Classroom Teacher: Ms. Smith

www.blaine.k12.wa.us/bes/bespe/

Key to Symbols

4 = Exceeding Standard
3 = Meeting Standard
2 = Below Standard - Occasionally
1 = Below Standard
Z = No Work completed
NA = Not Assessed (absent/injury)

EALR 1.0 - Component 1.1- Develops motor skills and movement concepts as developmentally appropriate. Tri 1 Tri 2 Tri 3

Demonstrates movement skill combinations in lead-up games and group activities. (Tennis Unit - Tri 1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Demonstrates a variety of balance and control skills in lead-up games and group activities.(Traverse Rock Wall - Tri 2)		<input type="checkbox"/>	
Demonstrates manipulative skills using a variety of objects in lead-up games and group activities.(Juggling/Jump-Roping/Cup-stacking Unit - Tri 3)			<input type="checkbox"/>
Demonstrates manipulative skills using a variety of objects in lead-up games and group activities. (Volleyball Unit - Tri 3) -			<input type="checkbox"/>
Demonstrates mature patterns and smooth transitions between movement skills in lead-up games (Womba-ball Unit - Tri 3)			<input type="checkbox"/>

EALR 1.0 - Component 1.3 - Understands the components of health-related physical fitness, and interprets information from feedback, evaluation, and self-assessment in order to improve performance: Student demonstrates IMPROVEMENT on their OWN Fitness Test score over a 5-6 week period of effort and participation in and outside of PE

Shuttle Run (Tri1) Curl-ups (Tri 2) Sit and Reach (Tri 3) Push-ups (Tri 3) 1/2-mile Run/jog (Tri 3)

EALR 4.0 - The student effectively analyzes personal information to develop individualized health and fitness plans: Component 4.1 - Analyzes personal health and fitness information; Component 4.2 - Develops and monitors a health and fitness plan; GLE 4.2.1 Creates goals for improving health and fitness practices.

Puzzlewise "My Fitness Pre-Test / Post-Test" homework Assignments 1-6 (P.96-105):	Assignment 1, 2 <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Assignment 3, 4		
	Assignment 5, 6		<input type="checkbox"/>

Washington State Classroom Based Assessment for Health and Fitness: 5th Grade Assessment, "Concepts in Health & Fitness" (Tri 3)

Body Mass Index Assessment (See attached sheet for further information)

Body Mass Index score: FALL LATE SPRING Also, see FitnessGram Spring Report

